



Florida Coverdell Program Overview

Florida Stroke Registry Community Health Workers Stroke Training Curriculum, Summer, 2024

Course Director: Dr. Gillian Gordon Perue on behalf of the Florida Stroke Registry

Introduction

Care of a patient does not end when they are discharged from the hospital. Stroke patients who often have new symptoms are particularly vulnerable as they may suffer from both the physical and cognitive effects of a stroke. This transition from post-acute hospital care to primarily community-based outpatient care is a challenge with up to 12.4 -15% of patients being readmitted to hospital and a 10% mortality rate within the first 30 days of discharge.

A comprehensive approach to enhance a successful post hospital transition of care (TOC) will require an enhanced community effort to support patients discharged after stroke. This course is developed as part of the Florida Stroke Registry, department of health and Coverdell Programs to train Community Health Workers (CHW), Community Based paramedics, community pharmacist, members of the stroke coalition and family caregivers in their roles to support a successful TOC after stroke. By participating in this program, you are an active team member in the fight against stroke in your community.

Course design: This course has been designed by the Florida Stroke Registry (FSR) in collaboration and insight from Key Stake Holders including the Community Health Workers Coalition, American Heart Association, and the Florida Department of Health.

This course focuses on the transitions of care after stroke. Overall course duration is 6 sessions over the course of 6 weeks June 17th- Aug 1st, 2024, providing 9 Continuing Education contact hours.

The course will have a hybrid format with the first course live zoom presentation, then 3 online modules a midterm live zoom meeting, the completion of online modules and then finally a live in person session on August 1st 2024 at the FSR annual meeting.

Online content consists of videos followed by ungraded question prompts and reflection time to foster learner engagement. This virtual format allows the learner the flexibility of learning at their own pace and participation virtually from anywhere across the State of Florida. The course can be taken on a desktop, smart phone, tablet, or laptop.

The final 2-hour course session will be in-person in conjunction with the Florida Stroke Registry Annual Meeting in Fort Lauderdale Florida Aug 1st, 2024. This in-person session is a high yield review of all the topics, allowing the learner to ask questions real time and ends with the final quiz.

All course content and resources can be found on the FSR website which will also have additional helpful community resources.



Florida Coverdell Program Overview

Intended Audience: This course is designed for the post stroke transition of care, would be of benefit to community health workers, community paramedics, patient navigators', social workers, case managers or other allied health professionals who want to learn more about stroke prevention, recognition and accessing caregiver support after stroke.

Faculty: The Program is led by the Florida Stroke Registry Executive community and is proudly supported by University of Miami faculty who are recognized experts in their field. Dr. Gillian Gordon Perue, Assistant Professor of Neurology and Stroke serves as the Course Director.

Course Learning objectives:

As a result of this activity the learner will be able to:

1. Define a stroke and identify the major organs involved in a stroke.
2. Identify at least 1 stroke risk factor discuss stroke risk factors self-management.
3. Recognize acute stroke symptoms using BEFAST, FEL VIT or AHORA, including calling 911.
4. Understand the stroke continuum of care and the role of community health in the successful transition of care after stroke.
5. Identify community-based resources for stroke survivors/victors.
6. Learners will be able to engage in partnerships with their local Stroke coalitions.

Core Competencies:

1. Patient Care
2. Professionalism
3. System-based care
4. Interpersonal communication skills

Course Outline:

1. Registration begins May 28th and ends June 15th, 2024.
2. Learners access videos online thru the FSR Community Health Workers section
3. Learners will have access to the website as a June 17th (we will need to send a reminder)
4. Modules 1-3 will be online only and supported by email and Dr. Gordon Perue's office hours.
 - a. Learners will watch 2 topic-based videos.
 - b. Written educational content for review (PDF of PPT slides).
 - c. Answer reflective question prompts about the video topic.
5. Module 4 will be in person 2 hours, including live in person lectures learning games, and concludes with the online quiz. Will be provided with coffee break.

Date	Topic	Speaker
June 17 th 2024	Welcome and Course orientation Live virtual session June 17th at 5 PM	Dr. Gordon Perue
Module 1 A: Online	What is a stroke, the role of the FSR and Coverdell to improve Stroke Care in Florida, Stroke Awareness Overview at your own pace Virtual classroom hours Wednesday 4-5 PM or Friday 07:30-08:30 AM	Dr. Gordon Perue; FSR Overview Sacco
Module 1 B:	Stroke Epidemiology with a focus on Florida and Stroke health related disparities Overview at your own pace	Dr. Hannah Gardener



Florida Coverdell Program Overview

	Virtual classroom hours Wednesday 4-5 PM or Friday 07:30-08:30 AM	
Module 2 A:	Calling 911, why it is important and what happens when we do Overview at your own pace Virtual classroom hours Wednesday 4-5 PM or Friday 07:30-08:30 AM	Dr. Gerard Job EMS Director and ED physician
Mid TERM check in	FSR Stroke Coalitions, FSR Website and Dashboards July 11th 4-5 PM Live via Zoom	Dr. Gillian Gordon Perue
Module 2 B:	Stroke Prevention: What everyone should know. -Understanding and controlling stroke risk factors -Hypertension Self-management Diabetes Self-Management Overview at your own pace Virtual classroom hours Wednesday 4-5 PM or Friday 07:30-08:30 AM	Dr. Gordon Perue and Dr. Olveen Carrasquillo
Module 3 A:	After a stroke: what to talk about with your doctor. Rehab after stroke Overview at your own pace Virtual classroom hours Wednesday 4-5 PM or Friday 07:30-08:30 AM	Dr. Jose Romano and Dr. Lauri Bishop
Module 3 B: Online July	Finding available stroke Community Resources in Florida Overview at your own pace Virtual classroom hours Wednesday 4-5 PM or Friday 07:30-08:30 AM To be completed July 26th 2024	Panel Discussion Moderated by Dr. Erika Marulanda and a Stroke Victor Care Giver
Module 4:	Agenda: In-person and zoom, Aug 1st, 2024, 2 hours 10:00-10:05 Welcome and Introductions 10:05- 10:50 Transitions of Care after Stroke and High Yield Review (All modules) Karen Harwood MSW CCM SHRM-CP Palm Beach County Medical Society Services 10:50 -11:05 Director of Community Programs 11:05-12: 00 FSR CHW Course FINALS 12:00 -12:05 Closing Remarks	Dr. Carolina Gutierrez, and Dr. Gordon Perue

- For the Grading Rubric:
 - Pretest participation: 20%
 - Online Sessions and Question prompt Participation: 35%
 - In-person Session Participation: 15%
 - Post test Score: 30%
- Learners will attain an overall score of > 75% overall or more to be considered as satisfactorily completing this course.

Registration: now open as of May 28th - June 15th, 2024, <https://www.surveymonkey.com/r/M7X2S2F>

Resources: Stroke Booklet: Print out from AHA for Stroke education in everyday language.

This program is supported by the following staff members program staff: Ms. Christina Ampie.

For more information contact us at flstrokeregistry@miami.edu



Florida Coverdell Program Overview

