



2026 COMMUNITY HEALTH WORKER STROKE TRAINING COURSE

FLORIDA STROKE REGISTRY

Florida Stroke Registry (FSR)

Individualized CHW Learner Reflection Handbook

Learner Name: _____

Cohort: Summer 2026

Course Dates: June–August 2026

Course Director: Dr. Gillian Gordon Perue

Program: Florida Stroke Registry (FSR)

Purpose of This Handbook

This **Individualized CHW Learner Reflection Handbook** is a required component of the Florida Stroke Registry Community Health Worker Stroke Training. It is designed to support reflective learning, practical application, and individualized professional growth.

Each section corresponds to a **course lecture or module**. For each topic, learners are asked to:

- Identify **one key learning takeaway**
- Define **one actionable step** they will take as a result of the lecture
- Assign a **target completion date**
- Reflect on how the content applies to their **community, role, and lived experience**

There are no “right or wrong” answers. This handbook is intended to honor your expertise as a Community Health Worker and support your role in strengthening stroke care transitions across Florida.

Submission Requirement for Continuing Education

- ✓ This completed handbook **must be submitted by August 30, 2026**
- ✓ Submission is required to **earn Continuing Education (CE) hours** for this course



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Module 1 – What Is a Stroke & Stroke Awareness

Date: July 2, 2026

Topic: What Is a Stroke, Role of the FSR & Coverdell Program, Stroke Awareness (BEFAST)

Key Learning Takeaway:

Action Item (What will you do as a result of this learning?):

Target Completion Date:



Reflection:

How does stroke awareness impact the individuals or communities you serve?

Module 2 – Stroke Epidemiology & Health Disparities

Date: July 9, 2026

Topic: Stroke Epidemiology with a Focus on Florida and Health Disparities

Key Learning Takeaway:

Action Item:

Target Completion Date:



Reflection:

What disparities related to stroke have you observed in your community?



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Module 3 – Calling 911 & Emergency Response

Date: July 16, 2026

Topic: Why Calling 911 Matters and What Happens After the Call

Key Learning Takeaway:

Action Item:

Target Completion Date:



Reflection:

What are common concerns or barriers about calling 911 in your community?

Mid-Term Check-In & Stroke Coalitions

Date: July 20, 2026

Topic: FSR Stroke Coalitions, Dashboards & Mid-Course Review

Key Learning Takeaway:

Action Item:

- ☐ Explore the FSR website
- ☐ Identify a local Stroke Coalition
- ☐ Plan attendance at the FSR Annual Meeting
- ☐ Other: _____

Target Completion Date:



Reflection:

How do coalitions and partnerships improve stroke systems of care?



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Module 5 – Stroke Victor & Caregiver Perspectives

Date: July 30, 2026

Topic: Stroke Survivor and Caregiver Lived Experiences

Key Learning Takeaway:

Action Item:

Target Completion Date:



Reflection:

How did hearing survivors or caregiver perspectives influence your understanding of stroke recovery?

Module 6 – Rehab after stroke

Date: August 6, 2026

Topic: Rehab after stroke

Key Learning Takeaway:

Action Item:

Target Completion Date:



Reflection:

Why is rehab after stroke important for long-term recovery, and how can you make a difference in patient outcomes?



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Module 7 – Stroke Prevention & Risk Factor Self-Management

Date: August 13, 2026

Topic: Stroke Prevention, Hypertension & Diabetes Self-Management

Key Learning Takeaway:

Action Item:

Target Completion Date:



Reflection:

What challenges do people face when managing stroke risk factors long-term?

In-Person Session – Simulation, Role-Play & Final Review

Date: August 20, 2026

Topic: Stroke Survivor Simulation, CHW Role-Play & Final Exam

Key Learning Takeaway:

Action Item:

Target Completion Date:



Reflection:

How did the simulation change how you understand life after stroke?



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Stroke Coalition Meeting Reflection

Coalition Attended: _____

Date Attended: _____

Key Learning Takeaway:

Action Item:

Reflection:

What role do Community Health Workers play in strengthening local stroke systems?

Final Reflection – Your Individualized Learning Plan

Top Three Takeaways from This Course:

1. _____

2. _____

3. _____

How will this training change your work as a Community Health Worker?

Personal Commitment Statement

One action I commit to taking to improve stroke outcomes in my community:



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Acknowledgement

The Florida Stroke Registry gratefully acknowledges the **Community Health Worker Coalition** and the **Florida Department of Health (FDOH)** for their partnership and continued support of this Community Health Worker Stroke Training Program. Their collaboration is essential to strengthening stroke awareness, prevention, and post-stroke transitions of care throughout the state of Florida.